

Complete this activity after watching “[Telomeres: Critical Aging Factor](#)” and “[Aging Reversed in Mice Says Scientists](#).”

In a half-page response, answer the following items:

- Identify three key pieces of information about telomeres and the aging mechanism.
- What information about DNA and aging did these videos help you better understand?
- If you had to explain to someone else why telomere integrity is important for us humans, what would you say?

LINKS:

<https://vimeo.com/48984341>

<https://www.youtube.com/watch?v=DgL-mU-Kyb8>