

1. Participate in this discussion after reading [the *New York Time* article "Some of My Best Friends are Germs."](#) 100 WORDS

Now that you know more about the role of microbes in health and diseases, do you support the statement that our life would be greatly limited without microbes? Explain. Do you think there is such a thing as being overly clean? Explain. What do you think we need to do to maintain a proper balance between good and bad microbes?

LINK: http://www.nytimes.com/2013/05/19/magazine/say-hello-to-the-100-trillion-bacteria-that-make-up-your-microbiome.html?pagewanted=all&_r=0

2. Participate in this discussion after reading ["Herbal Healing Goes Mainstream."](#) 100 WORDS

It is often assumed that herbal medicine is safer than the drugs produced by the pharmaceutical industry. Do you agree? Do you think herbs cause more serious side effects than drugs produced by pharmaceutical companies? Defend your position.

LINK: <http://www.today.com/health/herbal-medicine-goes-mainstream-breaking-it-down-dr-oz-1D79574377>